

## Benefits of The Award

The Award is Available to EVERYONE!

Any young person aged 14-24 can do The Award, no matter their gender, cultural background, religious or political affiliation or physical ability. An Award is gained through individual improvement and achievement, which means that disadvantaged young people and those with special needs are able to participate fully!

Explore New Passions

The Award challenges youth to try new things and work at activities they are passionate about. It's great to be recognized for working at something they love to do.

It's a Process, not a Prize

The Award is a process of personal and social development; the activities are a means to this end. Youth learn from the new experiences they have and discover hidden capabilities and talents.

A Marathon, not a sprint

The Duke of Ed Award cannot be completed quickly. It's all about sustaining an ongoing commitment in activities of choice, perseverance, and developing good habits. It takes commitment to see it through and earn something over the long term. Efforts are recognized over time and the achievement is a young person's own improvement.

Non-academic & Non-competitive

The Award is a personal challenge which recognizes that there are a lot of aspects to a well-rounded person, including achievements outside the classroom. Anyone who puts in the effort will receive the Award, so youth can collaborate with peers instead of competing with them. The Award is based on personal choice and reflects the abilities and interests of individual participants. No two Awards are alike!

Flexible

It Teaches Responsibility

It's up to each individual to ensure they stay on track and that all the Award requirements are met. It's more than just completing the activities.

Great for Applications

The Award looks great on post-secondary applications, scholarships, CV's and resumes. Whether applying for post-secondary or about to enter the work force, The Award shows commitment and achievement, as well as dedication to a variety of activities. It also gives young people an opportunity to talk about themselves and their passions outside of their formal education.

Experience, Connecting and Developing

Young people get out of The Award what they put in. The Award is an opportunity for youth to grow personally and connect with others through connecting with others. By meeting people, volunteering and being active, young people become invested in their community and develop long lasting friendships and connections as well as discovering their potential.

Progressive

As youth grow, The Award grows with them. At Bronze they may need a lot of help. At Silver, they are more independent. By Gold they build their own experience.

FUN

The Award is fun. The activities that a young person selects reflect their own interests and passions. Also doing The Award great way to spend time with friends and making memories that will last forever. So enjoy the challenge!