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# MEP 25 - NEWS

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LUXEMBOURG - 1ST ISSUE

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## FROM STRANGERS TO FELLOW DELEGATES: BUILDING BRIDGES

BY ANJA BARTHELMY / OFFICIAL MEP PRESS TEAM

We were very happy to welcome our guest delegations to this year's national MEP. They safely arrived from Belgium, the Netherlands, and Germany, and quickly joined the Luxembourgish delegates. The ensuing team building activities marked the pre-start of MEP Luxembourg 2025 – and what a start it was! During the various activities, you could really see how, slowly but surely, connections started to form between the delegates.

At first, many students seemed shy. The atmosphere in the committees felt somewhat quiet and tentative, or even a bit awkward, as everyone was still getting used to each other. However, thanks to the creative icebreaker games, the mood quickly shifted. Delegates began to open up, conversations grew more natural, and the initial awkwardness faded.

In some committees, it was especially noticeable how comfortable certain delegates already felt within their groups. Laughter filled the air, new friendships began to blossom, and a solid basis for future collaboration was laid.

### **The highlight of the day? Speed Dating!**

This fast-paced activity gave everyone the chance to learn a lot about each other in just a few minutes. It created space for openness and helped even the quieter delegates to feel more at ease. Another crowd favorite was the Court Story game. With lots of imagination and collective effort, delegates invented wildy

creative stories – a perfect preview of the teamwork and ingenuity we can look forward to during the committee work.

Throughout the day, it became clear: this year's MEP delegation is full of energy, talent, and potential. Some delegates even chose to hang out after the official activities, which says a lot about the atmosphere that's already taking shape.

In speaking with some of the delegates, one could hear the anticipation for what's ahead. First-timers mentioned feeling a mix of excitement and nervousness, wondering what the next days would look like. But overall, there was a strong feeling of shared motivation, positive energy – and just the right amount of 'positive stress'.

So, here's to a fantastic start! Day one is already behind us, and we're all looking forward to seeing how these new connections will grow and what amazing things the delegates will accomplish together.

